

# ACTIVE IS EVERYDAY!

ACTIVE IS EASY ACTIVE IS FUN ACTIVE IS HEALTHY ACTIVE IS HAPPY ACTIVE IS FREE  
 SOCIAL ACTIVE IS FAST ACTIVE IS COMMUNITY ACTIVE IS EVERYDAY ACTIVE IS EASY  
 IS FUN ACTIVE IS HEALTHY ACTIVE IS HAPPY ACTIVE IS FREE ACTIVE IS COMMUNITY  
 ACTIVE IS EVERYDAY ACTIVE IS FUN ACTIVE IS HAPPY ACTIVE IS FREE ACTIVE IS SOCIAL



**ACTIVE IS:  
 EVERYDAY!**

**Get Active Everyday!**

**Make *Activity* a part of your  
 daily routine!**



An initiative of these BC Healthy Living Alliance members

