

## Aquatics

### WATERBABIES 1

(6 mos. - 16 mos.)

Parent Participation

This parent participation class offers babies a fun introduction to water through songs gradual submersion skills and back floats.

**Canada Games Pool** **604.526.4281**  
Tues. & Thurs. 10:00 am **94656** 4:30 pm **94657**  
6:00 pm **94658**

April 6 - May 6

Thursday 3:00 pm **94700**  
Friday 4:30 pm **94825** 6:00 pm **94826**  
Saturday 9:00 am **94917** 11:00 am **94918**

April 2 - June 12 (no class May 21 & 22)

Tues. & Thurs 10:00 am **95061** 4:30 pm **95063**  
6:00 pm **95062**

May 11 - June 10

Registration Fee: \$44.00

### WATERBABIES 2

(6 mos. - 16 mos.)

Parent Participation

This parent participation class is for the baby that is comfortable with submersion. The class will focus on propulsion and underwater skills.

**Canada Games Pool** **604.526.4281**  
Tues. & Thurs 11:00 am **94659** 5:00 pm **94660**  
6:30 pm **94661**

April 6 - May 6

Thursday 3:30 pm **94701**  
Friday 5:00 pm **94827** 6:30 pm **94828**  
Saturday 9:30 am **94919**

April 2 - June 12 (no class May 21 & 22)

Tues. & Thurs. 11:00 am **95064** 5:00 pm **95065**  
6:30 pm **95066**

May 11 - June 10

Registration Fee: \$44.00

## General Programs

### BABY TALK (newborn - 9 months)

Are you a new parent interested in learning more about normal growth and development of your child and meeting other parents? Baby Talk is a free drop-in group for parents with babies from newborn to nine months old. Each session will give you an opportunity to weigh your baby, talk with a Public Health Nurse and listen to a speaker. This program is designed for new parents dealing with their first child. Join in this fun, social and educational experience.

**Centennial Community Centre** **604.777.5100**  
Wednesday, 1:00 - 3:00 pm

Ongoing

Drop-in Fee: Free

**Register Online!**  
**www.nwpr.bc.ca**

### BABY SIGN LANGUAGE (Newborn - 2 years)

This amazing new style of parenting using American Sign Language (ASL) will stimulate the mind and captivate your child's wonder while reducing frustration for you and your baby. This program will give you the materials and knowledge to get you signing. You will learn 30 - 40 signs, what signs to teach your baby and how to make the signs. Babies and children attend with you.

**Centennial Community Centre** **604.777.5100**  
Tuesday, 9:45 - 10:30 am

April 13 - May 11

Registration Fee: \$62.00

**102267**

### BABY SIGN LANGUAGE -

#### SIGN, SING & PLAY

(Newborn - 24 months)

Parent Participation

Did you know that babies understand and can communicate long before they are able to speak? Using songs and games, learn basic American Sign Language (ASL) hand gestures, to facilitate communication with your hearing child. Increase understanding of your child's needs and wants, alleviating much unneeded frustration. Research shows that babies who learn sign language learn quicker and talk earlier. Bring your baby to class. Sleeping babies welcome.

**Queensborough Community Ctr.** **604.525.7388**  
Tuesday, 12:30 - 1:15 pm

April 13 - May 11

Registration Fee: \$59.00

**102184**





**SALSA BABIES**

(1 - 12 months)

**Parent Participation**

Dance yourself back into shape with the best little partner of all – your baby! With little ones snuggled into baby carriers, new moms learn popular Latin dances while babies shake maraca rattles and bounce along to the Salsa beat! *Salsa Babies* offers a great workout, a chance to socialize with other moms and an opportunity to introduce one’s child to music and movement. Not to mention, it’s perfect for people who have always wanted to learn to dance but could never convince their partner to take lessons!

**Queensborough Community Ctr. 604.525.7388**

Thursday, 9:30 - 10:15 am

April 8 - June 17

Registration Fee: \$60.50

102160

**MOTORING MUNCHKINS (1 - 6 years)**

This drop-in play session is your dream come true! With balls, toys, trampolines, swings and kid-sized play areas, there is something for everyone. Children under one-year are welcomed free of charge!

**Queen’s Park Arenex**

**604.777.5121**

Monday, 11:30 am - 2:00 pm

Wednesday, 9:00 - 11:45 am

Friday, 9:00 - 11:45 am & 1:00 - 2:30 pm

Ongoing - June 11 (no program April 2, 5 or May 24)

Drop-in Fee: \$3.25 for parents & one munchkin

\$1.00 for each additional sibling

\$26.00 for a 10 session pass

\$48.80 for a 20 session pass



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