



Aquatics

WATERBABIES I (6 mos. - 16 mos.)

Parent Participation

This parent participation class offers babies a fun introduction to water through songs, gradual submersion skills and back floats.

Canada Games Pool **604.526.4281**
Tues. & Thurs. 9:30 am 92591 5:00 pm 92592
6:30 pm 92593

January 5 - February 4
Thursday 3:00 pm 92629
Friday 4:30 pm 92742 6:30 pm 92743
Saturday 9:00 am 92836 11:00 am 92837

January 7 - March 13
Tues. & Thurs. 9:30 am 92970 5:00 pm 92971
6:30 pm 92972

February 9 - March 11
Registration Fee: \$44.00

WATERBABIES II (6 mos. - 16 mos.)

Parent Participation

This parent participation class is for the baby that is comfortable with submersion skills. The class will focus on propulsion and underwater skills.

Canada Games Pool **604.526.4281**
Tues. & Thurs. 10:30 am 92594 5:00 pm 92595
7:00 pm 92596

January 5 - February 4
Thursday 4:00 pm 92630
Friday 5:00 pm 92744 7:00 pm 92745
Saturday 9:30 am 92838

January 7 - March 13
Tues. & Thurs. 10:30 am 92973 5:00 pm 92974
7:00 pm 92975

February 9 - March 11
Registration Fee: \$44.00

PARENT AND TOT I (16 mos. - 3 years)

Parent Participation

This parent participation class introduces your child to underwater skills, propulsion activities and safety skills.

Canada Games Pool **604.526.4281**
Tues. & Thurs. 9:30 am 92482 5:00 pm 92483
7:30 pm 92484

January 5 - February 4
Thursday 3:00 pm 92602
Friday 4:30 pm 92645 7:30 pm 92646
Saturday 10:00 am 92764 11:30 am 100735

January 7 - March 13
Tues. & Thurs. 9:30 am 92861 5:00 pm 92862
7:30 pm 92863

February 9 - March 11
Registration Fee: \$44.00

PARENT AND TOT II (16 mos. - 3 years)

Parent Participation

This parent participation class promotes activities designed to encourage safe and independent swim skills.

Canada Games Pool **604.526.4281**
Tues. & Thurs. 10:30 am 92485 5:00 pm 92486
8:00 pm 92487

January 5 - February 4
Thursday 4:00 pm 92603
Friday 5:00 pm 92647 8:00 pm 92648
Saturday 10:30 am 92765

January 7 - March 13
Tues. & Thurs. 10:30 am 92864 5:00 pm 92865
8:00 pm 92866

February 9 - March 11
Registration Fee: \$44.00

**Drop-in Swim Schedule.
See page 7.**

General Programs

TOT AND TALK

(Newborn - 4 years)

Parent Participation

Here's an opportunity to connect with other parents in the neighbourhood. An area is set-up for you to enjoy a cup of tea while your little ones interact with other children and play with toys. *The New Westminster Public Library* will also be down once a month to read a story to your child and family.

Queensborough Community Ctr. 604.525.7388

Friday, 10:30 - 11:30 am

January 15 - March 26

Drop-in Fee: Free

EXPLORE A GREEN WORLD

(newborn - 6 years)

Parent Participation

Explore a Green World is an environmental, multicultural and educational program that is designed to educate young children and their families or caregivers in the importance of protecting our environment. Activities will engage participants to recycling through reading, learning, playing, having fun, giving, taking, teaching and sharing. Parents, caregivers and children will create educational products made of recyclable materials such as eco-friendly arts and crafts, toys, musical instruments, play animals, clothes/costumes, books and many more! Program sponsors: *New Westminster Early Childhood Development Committee, Family Services of Greater Vancouver and United Way - Success by Six.*

Centennial Community Centre 604.777.5100

Monday, 4:45 - 6:15 pm

January 11, February 1, March 1 & April 5

Registration Fee: Free

101146

SALSA TOTS (1 - 3 years) Parent Participation

Latin Groove for Kids on the Move! This program is designed for older babies who have outgrown the carrier and are ready to dance on their own two feet! Featuring original music by renowned Latin artist, Ricky Franco, Salsa Tots combines movement and play with lively rhythms that parents and kids can both enjoy!

Queensborough Community Ctr. 604.525.7388

Thursday, 10:25 - 11:10 am

January 14 - March 4

Registration Fee: \$26.00

100955



MESS AROUND

(1 - 3 years)

Parent Participation

Come on Mom and Dad, let's go to Mess Around! We have great messy fun just for your toddler, an essential part of children's development. There is something for everyone from painting, crafts and songs to great play areas for little cooks and drivers. Remember, all parents must be accompanied by an extra messy munchkin!

Queensborough Community Ctr. 604.525.7388

Tuesday, 10:00 - 11:15 am

January 12 - March 30 (no class March 9)

Drop-in Fee: \$4.75 for parent and one child

\$2.50 for each additional child

\$21.25 for a five-session pass

\$38.00 for a 10-session pass



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PARENT AND TOT STORY TIME

(newborn - 5 years) Parent Participation

Join our librarian from the *New Westminster Public Library* as she reads stories geared for the little ones. This is a terrific way to get your child interested in reading. Literacy is an essential component in your child's development and success in his or her world. Come and join us for this terrific opportunity to connect your little one to neighbours and the written word!

Queensborough Community Ctr. 604.525.7388

Last Friday of the month, 11:00 - 11:30 am

January 29, February 26, March 26 & April 30

Drop-in Fee: Free

INDOOR PLAYLAND

(1 - 6 years) Parent Participation

Come on down and enjoy our indoor playground! We have new equipment: a blow-up pirate ship, bouncers, snakes & ladders and of course our old favorites like the bouncy castle, ride 'em toys, gym equipment and lots more. This is a morning of energy burning activity and play. Our leader will be sure that your morning is fun and interactive. It is also a great opportunity to meet other families in the neighbourhood.

Queensborough Community Ctr. 604.525.7388

Monday or Thursday, 9:30 am - 11:30 pm

Session 1 Monday January 11 - February 8 100951

Thursday January 14 - February 11 100952

Registration Fee: \$13.50

Session 2 Monday February 15 - March 29 100953

Thursday February 18 - April 1 100954
(no class March 8 & 11)

Registration Fee: \$16.20

Drop-in Fee \$3.00

MOTORING MUNCHKINS (1 - 6 years)

This drop-in play session is your dream come true! With balls, toys, trampolines, swings and kid-sized play areas, there is something for everyone. Children under one year are free!

Queen's Park Arenex 604.777.5121

Monday, 11:30 am - 2:00 pm (gymnastics style)

Wednesday, 9:00 - 11:45 am

Friday, 9:00 - 11:45 am & 1:00 - 2:30 pm

Ongoing to Dec 18, resumes January 4

Drop-in Fee: \$3.25 for parents & one munchkin

\$1.00 for each additional sibling

\$26.00 for a 10-session pass

\$48.80 for a 20-session pass

MUSIC SHAKERS

(1½ - 5 years) Parent Participation

Get ready to explore the world of music in a fun and educational class. Children will experience rhythm and melody hands-on through songs, rhymes and finger plays. Music from all corners of the globe is experienced and children will learn to internalize music through movement and dance. Music is known to have a positive effect on cognitive development.

Centennial Community Centre 604.777.5100

Monday, 9:15 - 10:00 am 1½ - 3 years 101092

Monday, 10:15 - 11:00 am 1½ - 3 years 101093

Monday, 11:15 am - 12:00 pm 2 - 4 years 101094

January 11 - March 1

Registration Fee: \$55.00

Online Registration is coming January 18th!
Watch for details.





WINTER WONDERS

(2 - 3 years)

Parent Participation

Explore winter, snowmen and snowflakes through fun crafts, games and stories. Make beautiful ice cube art, snow-like painting and snow cones. The snow may be glistening outside but inside the kids are gluing, sculpting and painting.

Centennial Community Centre 604.777.5100

Friday, 9:30 - 10:30 am 101195

Friday, 10:45 - 11:45 am 101196

January 8 - February 5

Registration Fee: \$35.00

ANIMAL ANTICS

(2 - 3 years)

Parent Participation

Join in for a morning of animal fun! Through creative play, art activities and stories, explore different animals from the zoo, jungle, forest and even your backyard. We are going wild on this one!

Centennial Community Centre 604.777.5100

Friday, 9:30 - 10:30 am 101192

Friday, 10:45 - 11:45 am 101193

February 12 - March 5

Registration Fee: \$28.00

Gymnastics

PARENT & TOT GYMNASTICS

(1 - 6 years)

Parent Participation

Team up with your toddlers for an exciting hour-long introduction to the wide skies of gymnastics. Our top-notch instructors emphasize safety as they teach the basic techniques and help toddlers develop their balance, motor skills and body awareness. The full gymnastic and trampoline set up will be used for this drop-in program.

Queen's Park Arenex 604.777.5121

Monday, 9:30 am

Tuesday, 9:30 am (begins January 5, no class Feb.9)

Thursday, 11:30 am

Saturday, 9:00 am

January 9 - March 4

Drop-in Fee: \$4.00

WIGGLES AND GIGGLES

(2 - 3 years)

Parent Participation

Let your tot venture into the world of art where they can explore their natural curiosities through various media. Enjoy art activities, reading stories, singing, dancing and creative play as you enhance your relationship with your child in a fun and supportive environment. Creative play teaches children motor and social skills.

Centennial Community Centre 604.777.5100

Tuesday, 11:00 am - 12:00 pm

January 5 - February 2

Registration Fee: \$35.00

101086

Tuesday, 11:00 am - 12:00 pm

February 9 - March 2

Registration Fee: \$28.00

101087

REGISTRATION



FOR NEW WESTMINSTER
LITTLE LEAGUE
2010 BASEBALL
SEASON

**Returning and new boys and girls - ages 5 - 24
of New Westminister and Burnaby welcomed.**

Dates: **January 30th & February 13th, 2010**

Time: **10:00am - 3:00pm**

Where: **Centennial Community Centre**
(next door to Canada Games Pool)

**HOME OF THE 2010 BC
CHAMPIONSHIPS**

FREE INDOOR SKILL NIGHTS (Visit website for details)

• ONLINE REGISTRATION AVAILABLE •



Justin Morneau has supplied batting gloves which will be given to you at time of registration.

For more information visit our website at www.NewWestBaseball.com

Skating

PARENT & TOT

(2 1/2 - 4 years)

Parent Participation

These lessons will make use of toys and games to ensure all have a good time and is geared for children who must be accompanied by an adult on the ice. The instructor will show the parent basic skating skills to practice with their children throughout the lessons.

Moody Park Arena

604.525.5301

Mon. & Wed. 10:00 am 100993

Tues. & Thurs. 1:00 pm 101162

January 4 - February 4

Registration Fee: \$43.70

Mon. & Wed. 10:00 am 101007

Tues. & Thurs. 1:00 pm 101163

February 8 - March 4

Registration Fee: \$35.00

Tuesday 5:45 pm 100807

6:45 pm 100808

Friday 6:15 pm 100744

7:15 pm 100745

Saturday 9:15 am 100876

9:45 am 100877

12:00 pm 100878

January 5 - March 6

Registration Fee: \$39.30



Sports

SPORTBALL - PARENT & TOT PROGRAMS

(2 - 3 1/2 years)

Parent Participation

This program is designed to guide parents and their children through the introductory skills of seven different ball sports. Parents are instructed on how to correctly assist their children in learning the skills of hockey, soccer, tennis, baseball, basketball, volleyball and golf. Games and skills are taught in a fun and creative manner by using story lines to encourage participation. All 45-minute programs are non-competitive and focus on success and confidence building. Grandparents and caregivers are also welcome to bring children to programs but we recommend that the same adult attend the program weekly.

Centennial Community Centre 604.777.5100

Monday, 1:15 - 2:00 pm

January 11 - March 1

Registration Fee: \$104.00

101139

SPORTBALL - JUNIOR

(16 mos. - 2 years)

Parent Participation

This 45-minute program is a perfect introduction to Sportball. Children and parents participate in sports, creative games, songs, rhymes, stories, bubble time and much more! Although these programs focus more on exploration, children will be introduced to a different sport each week (hockey, soccer, tennis, baseball, basketball, volleyball and golf).

Centennial Community Centre 604.777.5100

Monday, 2:00 - 2:45 pm

January 11 - March 1

Registration Fee: \$104.00

101141